

# MENTORING SOCCER COACHES DIPLOMA

MiMENTOR



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The delivery of the course is completely online and will include recorded and live online workshops and assessments, including moderation and discussion forums.

The course has been split into three blocks with each being released upon the completion of the previous block.

## Delivery Model:

### Block 1: An Introduction to Mentoring

**Workshop:** Course Introduction with Sarah McQuade (e.t.c. coaching consultants).

This informational workshop will explore the importance of mentoring for soccer coach learning and development. It will explore the key skills of a mentor. It will provide an overview of the course structure and learning outcomes. It will identify the commitments required from learners to complete the course.

**Online Learning:** Start and complete Module 1, Lessons 1–4 (What is Mentoring, The Mentor, Mentoring Relationships & Mentoring Cycle). Engage in conversation in the discussion forum.

**Assessment:** Multiple Choice Quiz to check knowledge of understanding from lessons 1–4.

### Block 2: Coach Profiling And Supported Practice in the Field

**Workshop:** Sarah McQuade to facilitate the first interactive workshop.

This will draw out key learning from Module 1 and introduce the concept of Coach Profiling and Professional Development Planning. It will explore the process of how to provide supported practice for coaches in the field.

**Online Learning:** Start and complete Module 2, Lessons 5–9 (Coach Profiling, Professional Development Planning, Supported Practice in the Field, Monitoring & Evaluation & Developing your Mentoring Effectiveness). Engage in conversation in the discussion forum.

**Assessment:** Undertake a coach profiling and professional development planning exercise with a coach. Learners to post their reflections on the profiling and planning process. In addition, learners will be expected to undertake and reflect on at least one field-based intervention.

### Block 3: Reflection and Development

**Workshop:** The final workshop will draw on key learning from across the course.

It will explore learners' experiences of building and maintaining mentoring relationships. It will identify success and challenges associated with profiling, planning and undertaking field-based support. It will help learners establish best practices associated with providing supported practice in the field.

**Assessment:** Submit a course-wide reflection note.

**Course Summary:** PDF document.

**Certificate on completion:** United Soccer Coaches and MiMentor.